



Mrs. Lillian E. Helm

August 4, 1942 - August 9, 2025

Lillian E. Helm, 83, of Churubusco passed away Saturday, August 9, 2025 at the Alice Hyde Medical Center, Malone.

Born on August 4, 1942, in Ellenburg, NY she was the daughter of Maurice and Doris (Wainwright) Soulia.

Lillian was married to Francis "Bob" Helm on April 5, 1959, in the Chateaugay United Methodist Church. He predeceased her on May 13, 2007.

She worked for six years as a home health aid at North Country Home Services in Malone before retiring in 1986 due to her health. She was a communicant of St. Patrick's Church, Chateaugay. She also was a volunteer at the Burke Adult Center.

Lillian is survived by her six children, Elizabeth and Richard Parent of Chateaugay Lake, Bonnie and Chester Jammer of Brazoria, Texas, Francis (Jake) and Cindy Helm of Churubusco, Maurice Helm of Tupper Lake, Kitty and David Bennett of Angleton, Texas, Brenda and Mike Perreault of Churubusco; grandchildren, Kenny Parent, Trish Cook and her companion, Jason Wild, Francis Lee Helm, Keith and Paige Helm, Cory and Kelly Helm, Ryan and Rachel Helm, Kagan and Marianna Helm, Kristina and Tony Gray, Harley Bennett, Diana and Andrew McCartney, Rodney and Nicole Davis; 23 great-grandchildren; a sister, Ruth Wheeler and her husband, Walt; brother, Phil Soulia; sister-in-law, Sandy Helm as well as several nieces and nephews. Besides her husband, she was predeceased by her parents and a grandson, Jeremy Bennett.

Burial will be private and at the convenience of the family.

A celebration of Lillian's life will be held on Saturday, August 23 at 12 p.m. at the home of Jake and Cindy Helm, 7173 State Route 11, Churubusco.

Donations in Lillian's memory may be made to the Churubusco Fire Department.

Previous Events

Celebration of Life

AUG **23**. 12:00 PM (ET)

Jake and Cindy Helm's home
7173 State Route 11
Churubusco, NY 12923

Tribute Wall

SN

“ So sorry to hear of Lillian’s passing. Sending thoughts and prayers to all family.

Sharon Nemier - August 18, 2025 at 09:54 AM

S(

“ Lillian was so kind to me when i was younger and i got to know her as an adult ,she became a friend and someone to share a story and a smile with ❤️

Stacey (Jacobs)LaBrake - August 13, 2025 at 10:55 AM

DA

“ Sorry to hear about Lillian. Prayers of comfort, care and strength to all her family and friends, whom she loved immensely



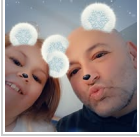
Daphne Abbott - August 12, 2025 at 08:05 PM

RW

“ Lillian was a strong individual no matter how bad things got she would hit it head on with a smile and her faith. She loved her family and friends. Fly High sister , Love you with all my heart ❤️



Ruth Wheeler - August 12, 2025 at 06:19 PM



“ Aunt Lillian was always a kind and loving soul. Coffee and tea with a sweet little treat .

*I remember all of the wedding cakes she made and the family hugs she would give.
Rest High Auntie and Rest in love*

My thoughts are with the family, if you need anything I am a message away



Joseph Bowen - August 12, 2025 at 05:46 PM

DL

“ SO SORRY TO HERE ABOUT LILLIAN SHE LOVED HER FAMILY
REST IN PEACE.

DIANNE LAFOUNTAIN - August 12, 2025 at 05:40 PM

MW

“ she always made the best potato salad out of anyone. i knew!!!

melissa woodard - August 12, 2025 at 03:52 PM

LM

“ Our deepest sympathy. We love Aunt Lillian. Always a huge smile and spent my summers as a little girl with her and my grandmother.
Fly high.

lorie lamb miller - August 12, 2025 at 03:38 PM

DV

“ My favorite memory of Lil was playing cards on Friday nights.

Dawn Vincent - August 12, 2025 at 02:32 PM